

We are Committed to Your Health! El Rio Community Health Center is your Patient-Centered Medical Home. Our Care Coordination Department was made with you in mind. We will work with you and your healthcare team to plan for the safest recovery, once you are discharged from the hospital. Our goal is to help you achieve your highest level of health.

#### Who are El Rio's Care Coordinators?

Our Care Coordinators are experienced registered nurses (RN's) who know how to take some of the confusion out of getting out of the hospital, so you can focus on recovering.

### How will Care Coordination Help Me?

Having a Care Coordinator on your side does not mean you will leave the hospital sooner. It means you will leave the hospital safer. To reach your Care Coordinator please call 520-670-3909 and ask to speak to a Discharge Care Coordinator.

To learn more about this Care Coordination program FREE for all El Rio's patients, please call (520) 670-3909.



El Rio Community Health Center has multiple locations throughout Tucson. For more detailed information about services per location, please visit **elrio.org** 



























# **MEDICINES**





- Why you are taking your medications
- When to take your medications
- How to take your medications



# **APPOINTMENTS**



### Help you get the care you need:

- Schedule doctor appointments
- Set up other services for you
  - Transportation
  - Referrals
  - Home health care



### MANAGE YOUR HEALTH



- Help you to understand your healthcare needs and choices
- Work with El Rio Services to meet all of your health care needs
  - Pharmacy
  - Diabetic Education
  - Community Health Care Resources



Your HEALTH is our PASSION