You Create HEALTHIER Communities



NEWSLETTER | Spring 2019

March 7th Grand Opening of the New El Rio Health Cherrybell Attended by 400+

The NEW Cherrybell location is open and the feedback from patients is overwhelmingly positive. This project began in 2016 when El Rio purchased a vacant lot from the City of Tucson. The project was funded through a \$16M New Market Tax Credit (NMTC) from the Corporation for Supportive Housing. The \$16M NMTC investment included a \$10.5M construction loan from BBVA Compass Bank and a \$5.5M equity investment from Wells Fargo Bank. Donors to the El Rio Health Center Foundation contributed \$865,000 towards the new building and radiology equipment.

BWS Architects designed the structure and BFL Construction completed the 48,990 sq. ft. energy-efficient building. The décor is colorful, open and designed to promote wellness. The staffs on site provide medical and dental, behavioral health, psychiatry, laboratory, mammography, ultrasound, x-ray, wellness classes, pharmacy, and patient assistance. This is a Teaching Health Center with ATSU-SOMA Osteopathic Medical Students, and Wright Center Family Medicine Residents. We are accepting new patients at Cherrybell.





JOIN US FOR A TOUR OF THE NEW SITE! CALL 520-205-4947 to schedule a time or email foundation@elrio.org for the next dates.

How YOUR Support Changed Lives in 2018 Thank You for Donating

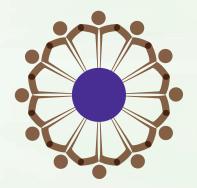


Together we create healthier communities! In 2018, El Rio Health Center Foundation donors gifted \$1,462,422 million to help build our new Cherrybell site and provide care for the more than 106,000 people we serve. Thank You!

- 22,000 free books were given out to children through El Rio's Reach Out and Read program
- 20,000+ vaccines were given by El Rio staff to pediatric patients
- 4,000+ children's vision screenings
- 2,200 children received free Fluoride Varnish Treatments to help protect their teeth from decay
- 240 FIT & FOBT tests and 20 colonoscopies for uninsured patients
- 200+ hours of volunteer time was spent reading to **children** in El Rio waiting rooms

- 130 adults received dental help through the **Adult Dental Partnership Program**
- 128 kids, parents and seniors were helped through the **Adopt-A-Family** program
- 125 pregnant/parenting families received support through Centering Pregnancy Classes
- 115 children were seen by the Asthma Program in their homes and at El Rio
- 100+ free mammograms
- 40 kids emergency dental care visits

You Can be Part of the El Rio Foundation COBRE Circle of Giving



Your annual gift of \$1,000 or more will help to transform healthcare through direct care for those in need and innovative life-changing services. Thank you for YOUR donations and support. To make a charitable contribution online, visit elrio.org and click "donate" or call 520-205-4947. For more information, regarding automatic monthly deductions, e-mail us at **foundation@elrio.org**. We are a qualified charity for the Arizona Charitable Tax Credit.



Tucson Village Farm (TVF) and El Rio Health Partner on the FARMacy Program

Tucson Village Farm (TVF) is an innovative partnership with UA's College of Medicine and El Rio Health. The FARMacy program facilitates connection between health and nutrition within the most vulnerable and underserved members of our community, and those highest at risk for childhood obesity, Type 2 diabetes, and other nutrition-related diseases. TVF is a working urban farm built by and for the youth of our community. A program of the Pima County Cooperative Extension and the University of Arizona, TVF is a seed-to-table program designed to reconnect young people to a healthy food system, teach them how to grow and prepare fresh food, and empower them to make healthy life choices.

The farm, located at 4210 N. Campbell Ave., serves as a safe urban location where youth can come to be out of doors and engage in physical activity, while contributing to and participating in local food production, preparation, and consumption.



I never knew there was a healthier way to cook vegetables that could still taste good. "

Through the FARMacy program, families from El Rio Health Northwest are referred to TVF through a written prescription issued by their pediatrician. At the farm, families receive hands-on farm-to-table nutrition education and culinary programming, fresh produce, gardening tips, and an opportunity to learn how to reduce their risk—and their children's risk—of developing diseases by incorporating healthy food into their diets. Parents and children learn side by side. The families receive further coaching from TVF and El Rio representatives on FARMacy clinic days at the Northwest El Rio Health Center. Thanks to a generous donor, a number of El Rio's pediatric patients will receive scholarships to attend summer camp programs at the Tucson Village Farm.

2019-Colon Cancer Coalition – Get Your Rear in Gear 5K Race a Success!

Thank you to all who participated in the Feb. 24th, Colon Cancer Coalition "Get Your Rear in Gear" 5K Race! It was a great success, thanks to Event Chairs: Julie Glass and Debbi Wallace, News 4 Tucson - KVOA, Tucson Medical Center, Tucson Conquistadores, Inc., many sponsors and 625 race participants. The race proceeds will benefit El Rio's colon cancer prevention and screening fund to help uninsured patients get colonoscopies.













El Rio Health and Tucson Medical Center to Open HealthOn University This Fall

University students, employees and residents near the West University neighborhood and Fourth Avenue will soon have a convenient health center with the opening of HealthOn University at the new Trinity Building. A joint venture between Tucson Medical Center and El Rio Health, HealthOn University will be a modern, integrated health center, providing state-of-the-art primary care, health education and wellness coaching to any community member.



El Rio Health at a Glance

El Rio Health's Cultural Beliefs

- Honor Patients "I always put the patient first."
- Create Tomorrow –
 "I embrace effective
 change and seek
 innovative solutions."
- Step Up "I am accountable for making El Rio a world-class health center."
- Break Boundaries –
 "I work with others to
 achieve success."
- I Matter "I make a difference by voicing my opinion and knowing I am heard."
- Value Health "I take time for my own health to promote yours."

2019 Organizational Goals

- World-class experience for patients and staff
- Healthier patients and employees
- Positive operating margin

2019 Numbers

- Patients enrolled 107,000+
- Staff 1,200+
- Annual budget –
 \$163 million
- Annual charity care \$10–\$12 million
- Year founded 1970
- Number of locations 12

www.elrio.org





@ ElRioHealth

Golf Tournament Nets \$56,000+ for Children's Reach Out and Read Program

The March 22nd fundraiser at Sewailo Golf Club was a tremendous success thanks to generous underwriting by Casino Del Sol Resort and major support from Sonora Quest Laboratories of Tucson. Thank you to our corporate sponsors, players, and donors. This year's event chair, Alex Levin, and Development Coordinator, Jill Rodriguez, led the El Rio Foundation Board and volunteers. We are grateful to our major event sponsors Lloyd Construction, Achilles Mechanical-Electrical-Plumbing, Adams and Associates Engineers, PLLC, BBVA Compass, BFL Construction, Inc., Dependable Health Services, Fester & Chapman, PLLC, Hamstra Heating and Cooling, Inc., RG & Sons Plumbing, Inc., Sun Mechanical Contracting, Inc., Banner | Aetna, Delta Dental of Arizona,



Port of Tucson, and UMR – A United HealthCare Company. Event proceeds will be used to purchase **22,800 new books that will be given to 3,800 kids** across El Rio pediatric sites during well visits to promote literacy.

Here we Grow Again - El Rio Health - Southeast Expansion Project





The current El Rio campus at Golflinks & Kolb will more than double from 14,000 sq. ft. to 40,000 sq. ft. When completed in October 2019, new and expanded services will include dental care, behavioral health, midwifery and OB/GYN services, wellness classes as well as expanded pediatrics and family medicine services. The project is supported in part by a \$1M grant awarded by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under Health Infrastructure Investment Program, grant number C8DCS29755.

Opened in 2008, the El Rio Southeast site now provides primary and preventive medical care to 8,000+ unduplicated patients annually. This new project will be LEED certified. The building will incorporate a sustainable design that will have minimal impact on the environment. Lloyd Construction Company is using materials that contain low or no VOCs. Furnishings will be selected based on their recycle content and we will be guided by the Energy Performance Environmental Assessment Tool (EPEAT) to minimize the carbon footprint. When completed, we will be able to serve several thousand more patients at the SE location.



El Rio Health is part of a nationwide network of health centers that serve more than 27 million Americans. Health centers have a significant record of success that includes:



Producing \$24 billion in annual health system savings;



Reducing unnecessary hospitalizations and unnecessary visits to the emergency room;



Treating patients for a fraction of the average cost of one emergency room visit;



Maintaining patient satisfaction levels of nearly 100 percent;



Serving more than one in six Medicaid beneficiaries for less than 2% of the Medicaid budget;



Lowering the cost of children's primary care by approximately 35%



a Back to School and Health Fair Event

Save the Date: July 13, 2019 - 5th Annual Pima County Sherriff's Badges and Backpacks Event at TCC

El Rio Health is collaborating with the Sheriff's Dept. and other non-profits to help thousands of children and youth kick off the school year. Each year the Badges and Backpacks event at the Tucson Convention Center gets bigger and better, exceeding expectations. https://www.pimasheriff.org/department-services/badges-backpacks/

Health Fair- to include: Checking Immunizations Cards, Dental and Vision Screenings, Asthma Education, Get Moving Exercise Activities, Healthy Cooking Demonstrations.

The Safety Station- Fingerprinting, Anti-Drug
Task Force, Bicycle and Helmet Safety, Stranger
Danger, Gun Safety Family Fun Activities &
Promotions- Fun to Read, Animal and Desert
Explorer Activities, Arts & Crafts, Giveaways and
Raffles. Local recreation organizations will also
provide on site activities and resources for youth.





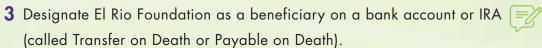
Have You Considered a Legacy Gift to El Rio Foundation?

Why Leave a Legacy? Your planned gift helps ensure people in need receive the critical medical and dental care the need and deserve. While more than 80% of Americans contribute to nonprofits throughout their lifetimes, only 8% percent choose to continue their support through a charitable bequest. By making bequests and other planned gifts, you can continue to help El Rio Foundation make a difference in our community for many generations to come.

After taking care of your loved ones in your estate plan, we ask you to consider a planned gift to El Rio Foundation by joining our Legacy Society. El Rio Health is one of the best run and most efficient nonprofits in Tucson – and one of the largest and most recognized community health centers in the country. If you would like to talk further about making a legacy gift, please contact Becky Rebenstorf, Major Gifts Officer or Brenda Goldsmith, Executive Director, at 520.205.4947 or foundation@elrio.org.

Four Ways YOU Can Keep Future Generations Healthy...

- 1 Give appreciated stock.
- 2 Name El Rio Foundation as a beneficiary of your life insurance policy.



4 Name El Rio Foundation as a full or partial beneficiary of your estate.











You Create HEALTHIER Communities



Benefiting Children's Emergency Dental Fund

7:00 p.m.—11:00 p.m.

Jacome Plaza 101 N. Stone Ave.

Tickets \$80/person

ElRioVecinos.com



New Cancer Treatment Fund for Uninsured Patients

Friday, October 25, 2019

6:00 p.m.—10:00 p.m.
The Westin La Paloma Resort & Spa
3800 E. Sunrise Dr.

Tickets \$200/person

Information at elrio.org or call 520-205-4947