

# You Create HEALTHIER Communities

EL RIO  
20th Anniversary  
FOUNDATION

NEWSLETTER | Winter 2021

## EL RIO FOUNDATION CELEBRATES 20 YEARS!

We wish to express our sincere gratitude and thanks to our donors, co-workers, volunteers, board members and Vecinos for your donations, care, and services that have impacted tens of thousands of lives since the Foundation started in 2001. Your contributions of more than \$30M have helped ensure equitable and accessible services for those most vulnerable in our community and support the health center's sustainability into the future. You have supported life-changing healthcare programs, expanded services across Tucson, provided wellness programs and life-enhancing medical, dental, and behavioral health care. Your donations and legacy commitments are valued investments in the health and wellness of our community. **THANK YOU!**



EL RIO  
**1000+**  
IMPACTING 100,000+

In 2022 El Rio Foundation Development Committee is launching the NEW El Rio 1000+ donor giving program with a goal of 1000 individuals giving \$1000+ annually to impact 100,000 people in our community. **Stay tuned for more details and benefits.**

## Jill Rodriguez Promoted to Major Gifts Officer - Becky Rebenstorf Former MGO Retires

We are thankful for the opportunity to have had Becky Rebenstorf, as the MGO of our Foundation Team for the past five years. She did an incredible job supporting major donors and growing our Major Gift and Legacy programs. In November, Jill Rodriguez, Development Coordinator was promoted to Major Gifts Officer. Jill has worked in fundraising and development with El Rio for 15 years. She can be reached at (520) 870-7148 or [jillr@elrio.org](mailto:jillr@elrio.org).

## Over 600 El Rio Employees Participate in the 2021 "Share Your Heart" Employee Giving Campaign!



Thank you to El Rio employees for their tremendous work during the pandemic and their philanthropic support! In 2021, 652 employees donated \$178,075 to El Rio Foundation to help patients, their co-workers, and helped us expand services.



## New Electronic Health Record (EHR) System, Epic, NOW Live at El Rio Health

According to U.S. News and World Report the majority of top-ranked medical institutions utilize Epic. On Nov. 1st the health center went live on the new multi-million-dollar system funded through federal COVID-19 infrastructure funding. Patients can now use MyChart, to manage their appointments, interact with their healthcare provider, fill prescriptions, and access their health records.



## Will You Help Us Reach our \$1M Fundraising Goal for Our New Grant Rd. Site?

Thanks to contributions from 352 donors, we are \$29,678 away from our goal of \$1M in donor support for our new 36,000 sq. ft. clinic under construction at Grant & Dodge! In 2022 the clinic will help serve thousands more people in one of our community's highest areas of need as identified in the Pima County Health Needs Assessment. Eighty-seven percent of people living in the surrounding zip code live at 200% of the federal poverty level, 48% have poor mental health, 90% are single parents and 85% report poor or fair health. You can help positively impact our community with your donation! **All contributions of \$1000+ postmarked by December 31, 2021, will have their name on the recognition wall in the lobby. This is a wonderful way to honor or remember someone.**



## DID YOU KNOW?

### You Can Donate Stocks, Life Insurance, and Bank Accounts

Naming El Rio Foundation as a beneficiary of your retirement plan, IRA, life insurance policy, bank or brokerage account is a generous way to make a legacy gift “outside” a will to ensure the future of healthcare for the underserved in our community.

Beneficiary designations are easy to implement and giving retirement funds is often a tax-wise strategy. For retirement and life insurance accounts, request a change of beneficiary form from your plan or policy administrator. For bank or brokerage accounts, you will need to fill out the appropriate form. You will also need the following information to fully complete your beneficiary forms:

Legal Name: El Rio Foundation

Address: 839 W. Congress Street, Tucson, AZ 85745

Telephone: 520-205-4947

Tax ID: 86-0816675 / Arizona tax credit QCO number 20212.

If you have questions, please contact the El Rio Foundation for assistance. Please save this information in your estate planning file.



### Ask your financial planner about the tax advantages of donating appreciated stocks!

If you want to donate stocks, mutual funds, or other securities to El Rio Foundation (non-profit tax id 86-0816675), the Stuchen / Levy Group at Merrill Lynch accepts transfers. Donors are asked to notify us ([foundation@elrio.org](mailto:foundation@elrio.org)) of the expected donation, approximate date of gift, value/amount, and specific securities being donated.



Donors making gifts from brokerage accounts will need the following information to transfer stocks/cash to the El Rio Foundation:

- Merrill Lynch DTC #8862
- Merrill Lynch Account for El Rio Foundation: 410-04000

Contact:

Sean L. Stuchen, CFP®, CPFA | Senior Vice President, Wealth Management Advisor or Mary Williamson at SLS Wealth Management Group | Merrill Lynch Wealth Management for additional information at 520-747-6143 or call the Foundation office at 520-205-4947.



## Youth Mental Health Facts:

High school students with significant symptoms of depression are more than twice as likely to drop out compared to their peers.

Suicide is the 2nd leading cause of death among people aged 10-34 in the U.S.

70% of youth in the juvenile justice system have a diagnosable mental health condition.

AZ high school students reported higher rates of attempted suicide in the last 12 months compared to the national estimate.

Youth ages 11-17 are more likely than any other age group to experience moderate to severe anxiety and depression. 2021 State of Mental Health in America report.

60% of youth with depression do not receive any mental health treatment. 2021 State of Mental Health in America report.

In 2020 there was more than a 30% increase in emergency room visits for mental health for youth, ages 12-17 years old.

## "Mission of Hope" Raises Over \$450,000 For NEW Youth Mental Health Services

We want to thank Rick & Lynn Gregson, 20th Anniversary Chairs, the event committee, Foundation Board & Team, and our donors for their tremendous support to launch new youth mental health services in 2022 at El Rio. Donations will help us recruit, train and hire a team of 10 behavioral health professionals to provide services to 200-300 teens at El Rio's El Pueblo location in the coming year.



**EL RIO**  
20th Anniversary  
FOUNDATION  
MISSION OF HOPE

**LAUNCHING  
NEW YOUTH MENTAL  
HEALTH PROGRAM  
WITH MANY OTHER SUPPORTERS!**

**ELRio.org/donate**

AGM Container Controls, Inc. • Allergy Asthma Associates, PC • Tarek Al Nassif & Samia Al Sheikh • Amerigroup an Anthem Company • Arizona Complete Health • Christina Arredondo, MD • Asthma & Airway Disease Research Center • Banner - University Health Plans • The Ben W. Martin Foundation • BWS Architects, Inc. • CAID Industries • Josh & Lisa Carzoli • Angela & Steve Celis • Cox • Crest Insurance Group, LLC • Karen Critchley - El Pueblo Special Opportunities • Desert Diamond Casinos & Entertainment • Diamond Family Philanthropic Fund of the Jewish Community Foundation of Southern Arizona • Encompass Rehabilitation Hospitals of Tucson • Equality Health • Fester & Chapman, PLLC • Brenda Goldsmith • Harrison & Karen Goodkin • Rick & Lynn Gregson • Henry Schein • Mark & Sandra Hodges • Hughes Federal Credit Union • Humana • Jani-King Southwest • Nancy & Lane Johnson • The Chris Lawler Team at NOVA Home Loans • The Levin Family • Lloyd Construction Company, Inc. • Long Realty Cares Foundation • Paul Loucks & DeConcini McDonald Yetwin & Lacy, PC • Lovitt & Touché Marsh & McLennan Agency, LLC • Mazik Global, A Quisitive Company • Mountain Dew Behavioral Health • Nurses are Super-Heroes • Palo Verde Behavioral Health • Pascua Yaqui Tribe • Pima Heart & Vascular, Inc. • Pima Medical Institute • PNC Bank • R & A CPA's, PC • Radiology, Ltd. • Tara Radke • Joyce & Gregory Raglow, MD • Carlos & Cecilia Rico • Marisa & Derek Rowen • The Schaefer Team • SimonMed Imaging • Simply Bits, LLC • SMG-Tucson Convention Center • Susan Snedaker • Tracy Sole de Hoop & Lance Willett • Lisa Soltani, MD • Sonora Behavioral Health • Southern Arizona Land Trust • Southwest Gas • Douglas & Patty Spegman • Sun Corridor, Inc. • Swan Gastroenterology & Surgery Center, PC • TMC HealthCare • Tucson Electric Power • Tucson Federal Credit Union • UMR - A UnitedHealthcare Company • UnitedHealthcare Community Plan

**LAUNCHING  
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**ELRio.org/donate**

## Uninsured Women Receive Free Mammograms

Thanks to major support from Hope Matters Breast Cancer Foundation, Quilt For A Cause, Inc., Roche Tissue Diagnostics, Pyramid Federal Credit Union, and individual donors, El Rio's radiology team provided 135 free mammograms for women in need. We are now working with our patient eligibility teams to support the 20 women who needed further diagnostics and treatment. Thank you to the donors who support our cancer treatment fund and our community hospital and oncology partners for their discounted care, which helps us serve more people in need. This year, seventeen patients with no insurance have received over \$100,000 in cancer treatment thanks to donor contributions.







## Ribbons of White Lung Cancer Awareness Art Show

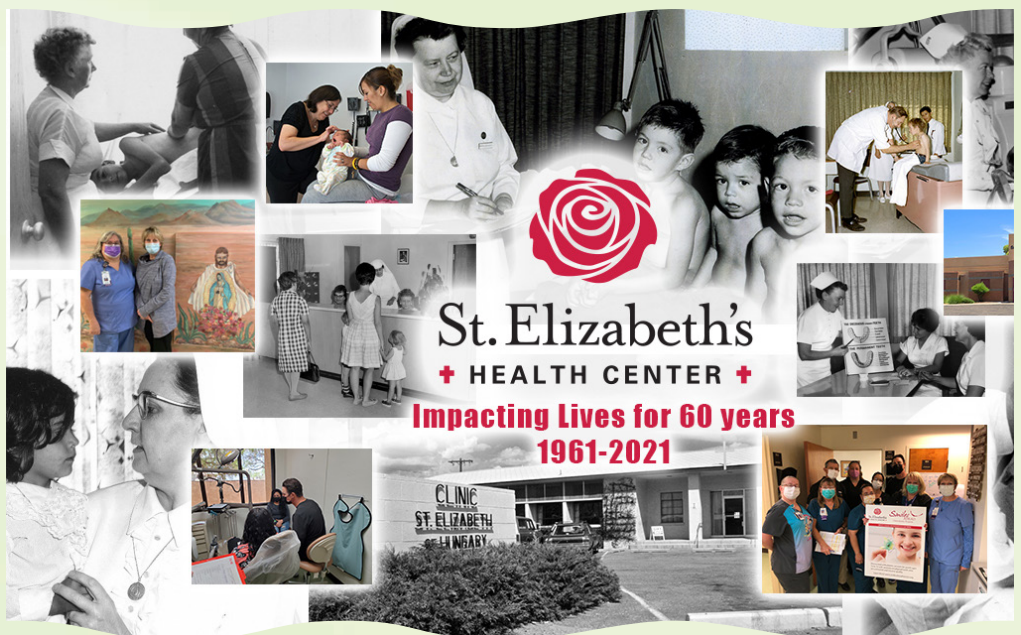
Roche Tissue Diagnostics and Southern Arizona Arts & Cultural Alliance (SAACA) are partnering on Ribbons of White, an art exhibition supporting El Rio Foundation's cancer treatment fund and elevating awareness of lung cancer in the U.S. The virtual show is running from November 2021 through early February 2022. We want to thank the artists who contributed 80 pieces for the event. To view the show, please go to: <https://www.saaca.org/lungcancerawareness.html>.



## St. Elizabeth's Celebrates 60 years of Caring for Tucson

On November 17, 1961, St. Elizabeth's of Hungary Clinic opened its doors to provide medical and dental care for those unable to pay or qualify for any source of insurance or public health funding. Named after St. Elizabeth's of Hungary who, according to the miracle of roses legend, smuggled bread, and leftovers from the castle kitchen to share with the poor. The practice was forbidden, so she hid the food in her robes. When accosted by suspicious courtiers on one of these trips, they demanded she open her robes. When she did so, the hidden bread had turned to roses.

In November, we celebrated St. Elizabeth's Health Center's 60th Anniversary and commitment to improve the health and wellbeing of people who are uninsured and underserved in our community. We honored employees with a rose in the tradition of the miracle of the roses. You can also find interviews of some long-time employees posted in the El Rio Health You Tube Channel.







## PROGRAMS WE ARE FUNDRAISING FOR IN 2022

The funding that we receive from donors, like you, supports the following: Adopt-A-Family, Asthma Care, Cancer Screening & Treatment Funds, Emergency Dental Care, New Grant Rd. Clinic, LGBTQ Support for Medications, Children's Literacy Program, Teen Reproductive Health Care (RHAP), Wellness Programs and Youth Mental Health.

### Thank you to these generous foundations and corporations for their 2021 grants, patient & program support of \$5K+ in 2021 *(received by 11.15.21).*

Bank of America  
Banner — University Health Plans  
BBVA Foundation  
The Bert W Martin Foundation  
The Blessings DA Fund held at the Community Foundation for Southern Arizona  
BMO Wealth Management  
Christiana Foundation, Inc.  
Colon Cancer Coalition of America  
Community Foundation for Southern Arizona  
Connie Hillman Family Foundation  
Consulado de México en Tucson  
Cox Communications

David & Norma Lewis Foundation held at Community Foundation for Southern Arizona  
Delta Dental of Arizona  
Diamond Family Philanthropic fund of the Jewish Community Foundation of Southern Arizona  
Eaglet Fund held at Community Foundation for Southern Arizona  
Hope Matters Breast Cancer Foundation  
Jewish Community Foundation of Southern Arizona  
Lawrence Z and Jacqueline A Stern Foundation  
LGBTQ+ Alliance Fund held at Community Foundation for Southern Arizona

Long Realty Cares Foundation  
Pascua Yaqui Tribe  
Quilt For A Cause, Inc.  
Roche Tissue Diagnostics  
Russell D. Garrett Foundation by Mary & Eric Linsalata  
Samuel, Son & Co. / CAID Group  
The Standard  
Tucson Conquistadores  
Tucson Electric Power/UniSource Energy Services  
Wells Fargo  
Youth On Their Own  
Z Fund held at Community Foundation for Southern Arizona



## Did You Know?

El Rio Foundation is a qualified Arizona Charitable Tax Credit non-profit? You can give up to \$400/single and couples up to \$800 for 2022!

Please give online at [elrio.org](https://elrio.org) (click DONATE), call 520-205-4947 or mail your check to El Rio Foundation 839 W. Congress St. Tucson, AZ 85745





*You Create*  
**HEALTHIER**  
*Communities*

Will you help us keep our community healthy?

