

HOW WELL DOES BIRTH CONTROL WORK?

What is your chance of getting pregnant?



Really, really well



The Implant

Up to 5 years



IUDs

Up to 7 years



Copper IUD

Up to 12 years



Sterilization

Forever

Works, hassle-free...



Less than 1 in 100



Pretty well



The Pill

Every. Single. Day.



The Patch

Every week



The Ring

Every month



The Shot

Every 3 months

For it to work best, use it...



6-9 in 100, depending on method



Not as well



Pulling Out



Fertility Awareness

Use a condom with any other method for STI protection.



Internal Condom



Condom

For each of these methods to work, you or your partner have to use it every single time you have sex.



12-24 in 100, depending on method

FYI, without birth control, over 90 in 100 young people get pregnant in a year.